Simple Salad with Dressing

Ingredients;

- 1-2 lettuces
- 4 tomatoes
- 1 cucumber
- 1 sweet pepper

(any vegetables you have eg, carrots, silver beet, spinach, kale, broad beans, snap peas, radishes, spring onions etc)

Method;

Wash all vegetables
Rip or chop all vegetables
Place in a bowl, mix together
Add dressing just before serving