	Beating Cream
	Ingredients;
	1 litre of cream
	1 teaspoon of sugar
•	1 teaspoon of vanilla
	> >
	Method;
	> >
	Place all ingredients in a bowl
	Using a beater (electric or hand beater) beat ntil cream until soft peaks form and the cream
	stands up on its own
	Chill till using
4	* ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^