

## Couscous

### Ingredients;

- 1 ½ cups couscous
- 2 ¾ cups vegetable stock
- ½ cup chopped parsley
- 1 red pepper

### Instructions;

1. Put stock into a saucepan, turn on hot plate
2. Bring to the boil
3. Add couscous and cover
4. Remove from hot plate and allow to sit for 5 minutes
5. Chop parsley and red pepper, put aside
6. Make sure couscous has absorbed all the stock
7. Add vegetables and fluff up with a fork gently
8. Put aside until needed, uncovered