

## Broad Bean, pea, snow pea and mint salad

### Ingredients;

300 grams broad beans (podded)  
300 grams peas (if frozen defrosted)  
300 grams of snow peas (trimmed and sliced)  
¾ cup fresh mint – chopped  
¾ cup coriander – chopped  
Salt and pepper to taste  
4 Tablespoons olive oil  
2 Tablespoons balsamic vinegar  
Finely grated rind of 1 lemon and juice

### Method;

Blanch broad beans in a saucepan of boiling water until tender  
Refresh under cold water, drain well, peel of skins if needed  
Put beans, peas, snow peas in a large bowl  
Add mint and coriander  
In a small bowl mix olive oil, balsamic vinegar, lemon rind and juice  
Leave dressing in bowl until ready to serve salad  
Pour over salad and mix well