

## Healthy Ranch Dressing

1 cup plain yoghurt

$\frac{1}{4}$  cup dill finely chopped

$\frac{1}{4}$  tsp salt

$\frac{1}{4}$  tsp ground black pepper

1- In a small jar with a screw top lid, add yoghurt, dill, garlic powder, salt and pepper.

2- Screw lid on the tightly, shake jar well.

3- Pour over the salad when required.