

## **White Quinoa**

### *Ingredients:*

2 cups quinoa

4 cups stock

### *Method:*

1. Measure out 2 cups of quinoa, put into a large pot
2. Add 4 cups of stock
3. Bring to the boil
4. Cover with lid
5. Reduce heat and simmer for 15 – 20 minutes until all the liquid is dissolved
6. Fluff up with a fork
7. Serve with desired recipe