Feijoa Cordial

Equipment;

- Clean bottle to store cordial
- Measuring jug, cups and spoons
- Teaspoons
- Lemon zester / grater
- Lemon juicer
- Scales
- Large pot x2
- Chopping board
- Kitchen knife
- Fine sieve
- Funnel

Ingredients;

- 1 litre water
- 1 lemon
- 12-14 feijoa
- 1 teaspoon tartaric acid
- 500g sugar

How to make it;

- 1. Wash lemon with warm water and dry. Zest the lemon using a zester or grater. Then cut the lemon in half and juice it
- 2. Place the lemon juice and zest in the large pot with 1 litre of water
- 3. Meanwhile, cut all the feijoas in half, and scrape out the pulp using a teaspoon
- 4. Add the feijoa pulp, tartaric acid and sugar into the large pot with the water and lemon. Mix to combine
- 5. Bring the mixture to the boil and simmer until the pulp is soft and yellow in colour
- 6. Tip the mixture through a fine sieve to strain. Allow the liquid to drop through naturally rather than squeezing it out. Then pour into sterilised bottles
- 7. Store in the fridge until ready to use
- 8. To make up a drink, mix one part cordial with 3-4 parts water

Feijoa is a classic New Zealand fruit and anyone who has a feijoa tree is often inundated with feijoa in autumn when they are in session. This cordial recipe is a great way of using up feijoa.

You can use sparkling water or soda water to mix with this cordial to make a refreshing fizzy drink.