

Zucchini Muffins

**Preheat oven to 400 degrees F (200 degrees C)
Grease muffin cups using a bit of oil on paper
towel.**

Ingredients

1 cup all purpose flour
1 cup whole wheat flour
1 ½ tsp baking powder
½ tsp baking soda
1 tsp cinnamon
½ tsp Allspice
1 tsp salt

1 egg
¼ cup cooking oil
½ cup sugar
1 cup grated zucchini
½ cup milk

Method

Measure first seven ingredients into large bowl. Stir thoroughly. Make a well in center.

In small bowl beat egg (with fork) until frothy. Mix in oil, sugar, zucchini and milk. Pour into well in dry ingredients. Stir only to moisten. Batter will be lumpy. Fill greased muffin cups $\frac{3}{4}$ full. Bake at 400F (220C) for 20-25 min 15 min if using mini muffin tins. Serve warm.