

# S'Mart Community

NEWSLETTER #8  
4 JUNE 2015

## ATCHOOO!

Perhaps you've seen the posters at school already because it's that time of year again. Sneezes, coughs and colds galore! Please reinforce the '**Cover Tight**' message at home. Germs are best contained from coughs and sneezes when caught tightly in the elbow. Watch 'The Safe Sneeze by Mythbusters' on youtube for some cool sneeze testing supporting the elbow technique. Please also encourage hand washing after nose blowing.

Last winter we donated some Cold-Ez lozenges to the teachers, keeping them fighting fit. These lozenges are great at supporting your body to battle oncoming colds and were in hot demand. So we're stoked that NZ Nutritionals was keen to donate some more Cold-Ez to the school staff again this year. You can buy them by box of 12 or by the kilogram from [www.healthymeproducts.com](http://www.healthymeproducts.com)

Tip for sore throats: as well as lozenges like Strepsils, gargling salty water helps kill bugs. Adults can also try Stones Ginger Wine available from liquor stores. Warmed up, it's amazing on a sore throat.

## REPPIN' IT

Thanks to the parent reps that have been organising fun events for their 'pod'. Rooms 4, 11, 19, 20, 22, and 23 still need parent reps. Interested to represent? Flick an email to [community@smartcommunity.org.nz](mailto:community@smartcommunity.org.nz)

## UNIFORM AROHA

Some families would appreciate some help with uniforms. If you would like to donate an outgrown item of uniform that is still in a reasonable state, please drop it in to Diane in the office.



# PASTA VERA FUNDRAISER

Don't forget, you can now purchase delicious fresh or frozen pasta by Pasta Vera, helping St Martins School. Money raised will be used to purchase class sets of aprons for the Garden to Table programme and to support other school initiatives.

Stock up on these delicious pasta meals. It's a perfect solution for busy winter nights when you want to whip up something quick and nourishing. Use the link below to order now:

[\*\*www.pastavera.co.nz/FROrder.aspx?Organisation=StMartinsSchoolFundraiser\*\*](http://www.pastavera.co.nz/FROrder.aspx?Organisation=StMartinsSchoolFundraiser)

Alternatively, you can fill out the order form that was sent home last Friday, and drop it off at the school office.

Please get your paper orders in by **19 June, 3 pm** and your online orders by **midnight 21 June**.

Payments can be made by cash or cheque (made out to *S'Mart Community*) at the school office. Or you can simply transfer the money into our bank account:

**S'Mart Community, ASB 12 3147 0420521 00**

(please include your name and 'PASTA' in the payment reference details)

Your pasta will be available for pickup on **Thursday 25 June, 2.30 – 4 pm at 48 Brabourne St, Hillsborough**. No problem if this time doesn't suit you; your pasta will be stored in a fridge or freezer until collection can be arranged.

## PUT IT IN YOUR DIARY

**Thu 11 June, 7:30 pm - Ladies Night** at Cortado, 152 Somerfield St Beckenham

**Fri 12 June, 5:30 pm** in hall - **Room 8/9** Family Takeaway Night

**Sun 21 June, 9:00 am till 12 noon - School Grounds Working Bee**

Pull out some weeds, sweep a path or two, clip back a hedge, have a yarn as you work and leave an appetite for morning tea; sounds like fun? Then we'd love to see you at the next Working Bee!

(Kids welcome too.)

**Mon 22 June, 8:45 am - Room 3/4/5** parents, coffee at Fava. Meet outside Rm 3.

**Fri 26 June, 5.30 pm** in hall - **Room 11/12/13** Family Takeaway Night

**Tue 4 August - Retail, Trade and Services Expo**

Do you own a small business, offer a service or have special skills the community should know about?

Here's your chance to let the people of St Martins School know what you have to offer. For more information or to book a space please email: [erinjsadler@gmail.com](mailto:erinjsadler@gmail.com)