

Sport teams policies for St Martins Primary School

Guidelines for coaches and teachers coaching St Martin's sports teams.

Thank you for volunteering to coach one of our sports teams. Without your help we would be unable to enter teams into school sports competitions.

RESPECT CARING RESPONSIBILITY PERSONAL BEST and LEARNING

As you coach your team we would like these values to be talked about within the team environment at practice and on the playing field.

Respect- Respecting your coach and your team-mates. Coming to practice and games on time or letting your coach know you can't be there. Listening and focussing at practice and at games.

Caring – Caring for your team-mates.

Responsibility – Being responsible for your own behaviour on and off the field or court. Making sure you have the right gear for practice/games. Being on time for practice and games.

Personal Best – Always trying your hardest and striving to set yourself personal goals to work towards.

Learning – try and learn something new to work on in your team. Work hard to improve your skills or develop new skills.

At St Martin's school we encourage every child to work towards achieving their personal best. As a coach you are there to encourage this and to develop their skills individually and as a team. All children need to know they are valued members of the team.

Playing Time

Managing too many reserves can be tricky, especially in sports with very short quarters/halves. It is recommended that you have no more than 3 reserves in your team. If this is not possible due to the make-up of the teams, sometimes it's a good idea to have 2 players each week who don't play, but come along and support the team. This is to be clearly explained and set out in a roster to parents/children at the beginning of the season.

Every child is to get at least half a game. This is to be clearly communicated to parents and children at the start of the season. This policy is to be carried on through to semi-finals and finals.

Our main objective for primary age school children is for them to enjoy playing sport and have a positive experience. Player development is also important, highlighting improvement, irrespective of whether the team has won or lost.

Young players respond to positive feedback. As a coach you can praise them for what went well and also identify some goals to work on for the next time they play. Encourage the children to come up with their own personal goals each week and then ask them how they thought they did after the game.

Try and be organised before the game/practice. Know who is playing and identify things for the children to work on. The experience that children have playing sport at school will have an impact on their long term view of sport and on their self-esteem. We want all children to enjoy sport, whatever their skill level and to encourage a life-long participation whether in competitive or social sports teams.

Thank you for volunteering to coach and we wish you a positive and enjoyable coaching experience.

Kind Regards

St Martins School.