

## Raw Beetroot and Carrot Salad

### Ingredients

6-8 large carrots grated

2-3 large beetroot peeled and grated

1 bunch (1/2 cup) mint leaves, roughly chopped

½ cup raisins

½ cup toasted sunflower seeds ( or a mix of sunflower seeds and pumpkin seeds)

¼ tsp of salt

### Dressing

2 Tbsp Balsamic Vinegar

2 Tbsp pomegranate molasses

¼ cup orange juice

¼ cup olive oil

1 Tbsp honey

Combine first 6 ingredients in a large bowl.

Place dressing ingredients in a jar with tight fitting lid. Shake to combine.

Pour dressing over salad and stir to combine.